



Go Cycle Five!

We are deeply grateful to everyone who has supported Cycle 5 to Survive. This past year was an extraordinary journey for P.L. and Kristen as they undertook their ambitious ride across South America. Their perseverance and courage in the face of challenging setbacks, was both inspiring and humbling to witness. They have gone to such incredible lengths to raise awareness and support for those who are often unseen. Next year, these two amazing humans will continue their journey through Africa, and we can't wait to welcome them to Korah, Ethiopia!

Thanks to the generosity of C5TS supporters, over 1,010 children and teens participated in programs and activities at our Youth Empowerment Center this past year. These programs have had a truly transformative impact by enhancing academic skills, boosting self-confidence, and fostering personal growth, all within a safe and supportive environment. Experiences like these play a vital role in breaking the cycle of poverty, giving young people and their families hope, and helping build a brighter future.

Because of Cycle 5's commitment to HFK, by the end of 2025 we were able to move into a beautiful new youth center, more than doubling the space for our growing programs. This facility provides our young people with a safe, welcoming, and inspiring environment to learn, grow, and thrive, where they are surrounded by care, encouragement, and opportunity.



EDUCATION

C5TS Provided: \$34,660

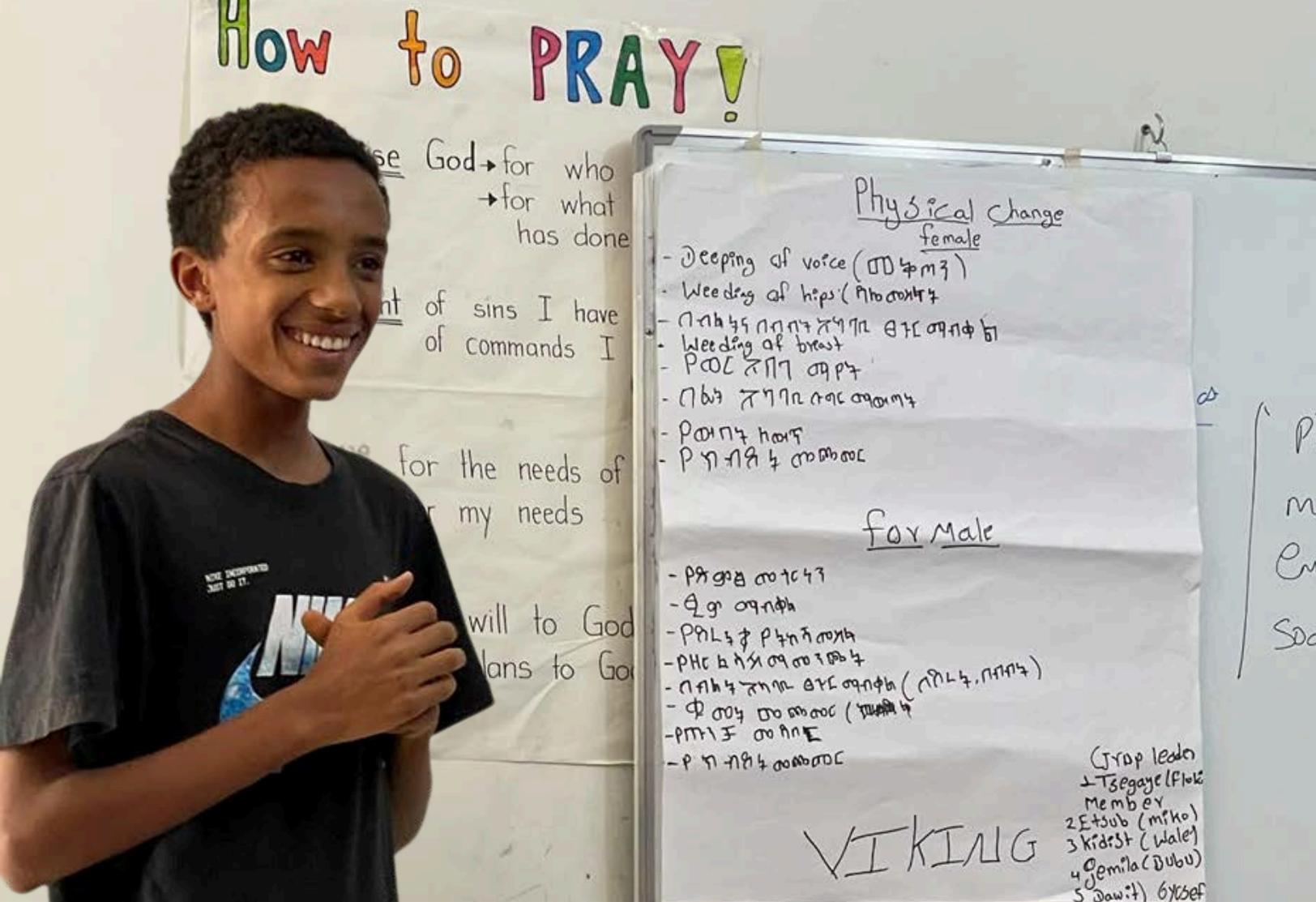
- 267 Children attended Afterschool Tutoring Program (up from 172 in 2024)
- 35 Children with learning challenges received specialized tutoring
- 73 Students enrolled in Computer/ICT Classes
- 100 Youth participated in small group Learning Circles
- 46 Students in the Career Counselling and College Support Group
- 350 Students participated in Field Trips
- 106 Students received Academic Awards
- 77 Book Club Members
- 3600+ Library Visits

IMPACT: The HFK education programs continue to have a transformative impact on the lives of young people, strengthening academic skills while building the confidence and abilities needed to succeed in school.

Through targeted support for struggling students and focused guidance for Grade 12 students, we have seen encouraging growth in academic performance and a rising number of graduates pursuing higher education. These intentional investments are fostering learning and building a foundation for long-term success.







LIFESKILLS, PERSONAL DEVELOPMENT & EMPOWERMENT

C5TS Provided: \$38,013

- 175 Youth in Individual or Group Counselling
- 128 Children received Life Skills Trainings
- 65 Teens received Life Skills Trainings
- 50 Teens participated in Mentorship program (paired with individual mentors)
- 25 Youth received Leadership Trainings
- 115 Children attended weekly Small Groups
- 144 Youth in Small Groups or Teen Boys' and Girls' Clubs
- 40 Kindergartners attended Saturday mornings' Bible Story Program
- 150 Children attended summer Bible Camp

IMPACT: Through trauma training, counseling, mentorship, life-skills and leadership programs, students are truly being empowered. In a safe and supportive environment, they are building confidence, cultivating self-worth, and improving their mental health. These experiences equip them with the tools they need to overcome challenging circumstances and contribute to breaking the cycle of generational poverty in their families and communities.



Happy
Easter



SPORTS & CLUBS

C5TS Provided: \$11,823

- 197 Boys and Girls participated in Soccer programs (3 weekly clubs)
- 130 Youth participated in the Ethiopian Great Run in Addis Ababa
- 70 Girls participated in the Women First Run in Addis Ababa
- 65 Youth in Art, Theatre and Music Clubs
- 27 Youth in Kindness Service Club
- 300+ Children attended Community programs such as Christmas, Easter, and Clubs Festival

IMPACT: Through Cycle 5 to Survive's commitment to sports and club programs, students are developing skills, confidence, friendships, and leadership under caring and supportive guidance. These opportunities are strengthening not only their physical health, but also their mental and emotional well-being. As a result, we are seeing reduced school dropouts and fewer high-risk behaviors among participating students.

Just as importantly, students are cultivating a strong sense of community, teamwork, and service, learning that they are part of something bigger and that they have a meaningful role to play in shaping a brighter future.







